

Camden City Garden Club, Inc.
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The Community Gardener

Volume 2 Issue 3

www.CamdenChildrensGarden.org

March 2010



** The Children's Garden is closed to the public from January 4th to **March 20th**, 2010. The Garden offices are open all year round. **

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Soup and Salad a Success at the Philadelphia International Flower Show

The Camden Children's Garden's 2010 Flower Show exhibit, "Soup & Salad: From Camden to the World," was a great success, earning news coverage and awards. The exhibit earned a Special Achievement Award of the Garden Club Federation of Pennsylvania, awarded to exhibits of unusual excellence in the category of Horticulture (1,000 square feet and over). The exhibit was also featured in articles in The Philadelphia Inquirer (http://www.philly.com/inquirer/local/20100227_A_healthful_presence_at_Flower_Show.html), The Courier Post (<http://www.courierpostonline.com/article/20100219/LIFE01/2190307/Growing-globally-Philadelphia-International-Flower-Show-offers-guests-a-Passport-to-the-World>), SJ Magazine, NJ Monthly, Go City Kids, and Curious Parents.

Pictures by Erica Smith.



The exhibit represented a children's vegetable garden that promoted nutrition, focusing on the kinds of vegetables that are harvested in Camden's community gardens - many of which can be grown easily in urban gardens in our region. Representing the beauty and practicality of vegetable gardening in urban settings, in addition to promoting healthy eating for children, the exhibit also represented the history of Camden, N.J. The iconic Campbell Soup factory and soup-can water tower signified the rich industrial history of this struggling city.



NEXT GARDEN CLUB MEETING: MONDAY, March 15, 2010 @ 5:30 pm!

Volunteers Needed for Dino Day & Bug Bonanza



Sat. April 10 and Sun. April 11, 2010, 12 noon to 4pm
Dino Day & Bug Bonanza Family Festival.

Come help at the Camden Children's Garden as we celebrate dinosaurs and bugs in our popular Dino Garden. This festival includes educational activities, a fun planting activity, crafts, and a "fossil find!" New for 2010, this festival will also include educational and craft activities about bugs. As a volunteer, you will interact with children and their parents at the education and craft stations positioned around the garden.

Upcoming Garden Workshops

There are several fun and informative workshops coming up this year at the Camden Children's Garden! All Saturday workshops are **FREE** for Camden City Garden Club members.

Sat. March 27, 2pm

Adopting a City Lot and Getting Your Garden Started.

Learn the ins and outs of the Camden City Adopt-a-Lot Program, which allows residents of the City of Camden to plant a garden on city lots, and learn how to start your new garden!

Sat. April 24, 2pm

Water Conservation, Composting & Mulching.

This workshop is held during the Earth and Arbor Day Family Festival and participants will learn how to reduce, reuse, and recycle materials from their gardens, including water, plant debris, and fallen leaves.



First Club Meeting of 2010!



The Camden City Garden Club will have its first meeting of the year on Monday, March 15, 2010, at 5:30pm. The topic of discussion will be preparing your garden for cool spring planting and there will be veggie transplants available to take home! There will also be packets of Campbell's Tomato Seeds and coupons for Campbell's soup available. The tomato seeds are the same ones that Campbell's uses in their condensed soups; American farmers all over the country grow the very same tomatoes to supply Campbell's with farm fresh tomatoes for their soups.

Picture from <http://www.gadflyonline.com/01-07-02/art-warhol.html>



Camden City Garden Club/Camden Children's Garden Community Garden Program Calendar 2010

Garden closed to Public Jan 4 — Mar 19
And Mondays and Tuesdays

Philadelphia Flower Show
February 28 through March 7
Call 856.365.8733 to volunteer

Family Festivals

April 10 & 11 Dino Days
April 24 & 25 Earth and Arbor Days
May 8 & 9 Butterflies Birds & Cinco de Mayo
May 22 & 23 Fit & Fun Festival
June 12 & 13 StrawBEARY Festivals
June 26 & 27 Festival de Aibonito
July 10 & 11 BlueBEARY Festival
July 24 & 25 Storybook Festival
August 14 & 15 Peach Party
August 28 & 29 Chocolate & Vanilla
**September 11 & 12 Hefty Harvest
Community Gardeners get in free!
(Bring your Harvest items to display)**
Sept. 25 & 26 Faeries & Wizard Festivals
Oct. 9 & 10 Mum Madness & Pumpkin Parade
October 23 & 24 Goblins in the Garden
October 31 Safe Trick or Treat
November 13 & 14 Train Festival

June 11 Fundraiser

Garden Club Meetings ~
3rd Monday @ 5:30 pm
March 15, April 19, May 17
June 21, July 19, August 16
September 20, October 18, and
November 15, December 20

Garden Club Open Days

April 17, June 19,
September 18 and
October 2

Saturday Workshops

2 pm at Garden
Admission FREE for Club Members!
Saturdays
March 27
April 24 During Festival
May 22 During Festival
September 11 During Festival

Sunday Church BBQ/Picnics
at the Children's Garden
BY INVITATION ONLY
ADMISSION FREE

May 16
June 20
August 22
September 19

Wednesday Adult Workshops

\$10 members
10 am—11:30 am
April 21
May 19
June 16
July 21 (adult & child)
August 18 (adult & child)

Friday Garden Festivals for Schools:

April 16, 23, 30,
May 7, 14, 21

Saturday Girl Scout Events:

May 15, May 29,
June 5, Oct 16, Nov 6

Holiday Festival of Lights

November 27 Kick Off Event
Noon—8pm
December 3, 4, 10, 11, 17, 18,
5:30 pm — 8 pm

March

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November

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December

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Roasted Winter Vegetables with Cheesy Polenta

This recipe is a great way to use up any winter squash you still have lying around, and the warm cheesiness is perfect for a cold winter's day! The recipe makes four servings, at 381 calories per serving. Picture and recipe from <http://www.everydayhealth.com/health-recipe/roasted-winter-vegetables-with-cheesy-polenta.aspx?xid=nl>.



Ingredients:

- ◆ 4 cups cauliflower florets
- ◆ 4 cups butternut squash, peeled and chopped into 1 1/2 inch chunks
- ◆ 1 medium onion, sliced
- ◆ 2 Tbs olive oil
- ◆ 1/2 teaspoon garlic powder
- ◆ Salt and pepper to taste
- ◆ 2 1/2 cups vegetable broth
- ◆ 1 cup water
- ◆ 3/4 cup cornmeal
- ◆ 1 teaspoon fresh rosemary, chopped (or 1/2 teaspoon dried)
- ◆ 2/3 cup shredded Parmigiano-Reggiano cheese

Preheat oven to 500°F. Toss cauliflower, squash and onion in a large bowl with oil, garlic powder, and 1/2 teaspoon pepper and salt. Spread on a rimmed baking sheet. Roast, stirring once, until tender and browned in spots, 25 to 30 minutes. Meanwhile, combine broth and water in a small saucepan. Bring to a boil. Slowly whisk in cornmeal, rosemary and about 1/4 teaspoon pepper until smooth. Reduce heat to low, cover and cook, stirring often, until very thick and creamy, 10 to 15 minutes. Stir in cheese; remove the polenta from the heat. Serve the vegetables over the polenta.

If you have an announcement, anecdote, recipe or story that you want to share with other gardeners, please feel free to call or email the garden (easmith@camdenchildrensgarden.org) and we will include it in a future newsletter!

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"The Community Gardener" is a publication of the Camden City Garden Club, a 501 (c)(3) private, non-profit organization, registered in New Jersey and Pennsylvania. The Camden City Garden Club is the operator of the Camden Children's Garden on the Camden Waterfront.



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Come Outside And Play!